

# Welcome to Dalkeith Gardens







"I think you can't sit in your room all day! We've got everything, we've got that many activities you know. We have tea and talk, we play games. We all get together, have a bit of fun."

Benetas resident



# A place to call home

Situated in the heart of the Latrobe Valley, Dalkeith Gardens provides around the clock genuine care by dedicated, conscientious staff.



We understand that a quality homelike environment with personalised care is at the heart of a positive ageing experience, which is why Dalkeith Gardens has been newly-modelled around apartment-style living.

Each resident has their own private bedroom with ensuite, and access to a modern open-plan kitchen, dining room and lounge area shared by a small group of residents. This innovative approach means residents can make more personal choices and form closer relationships, in surroundings that immediately feel like home.

Surrounded by large gardens and outdoor sitting areas, our residents have plenty of space to enjoy peace and quiet or time with friends and family.

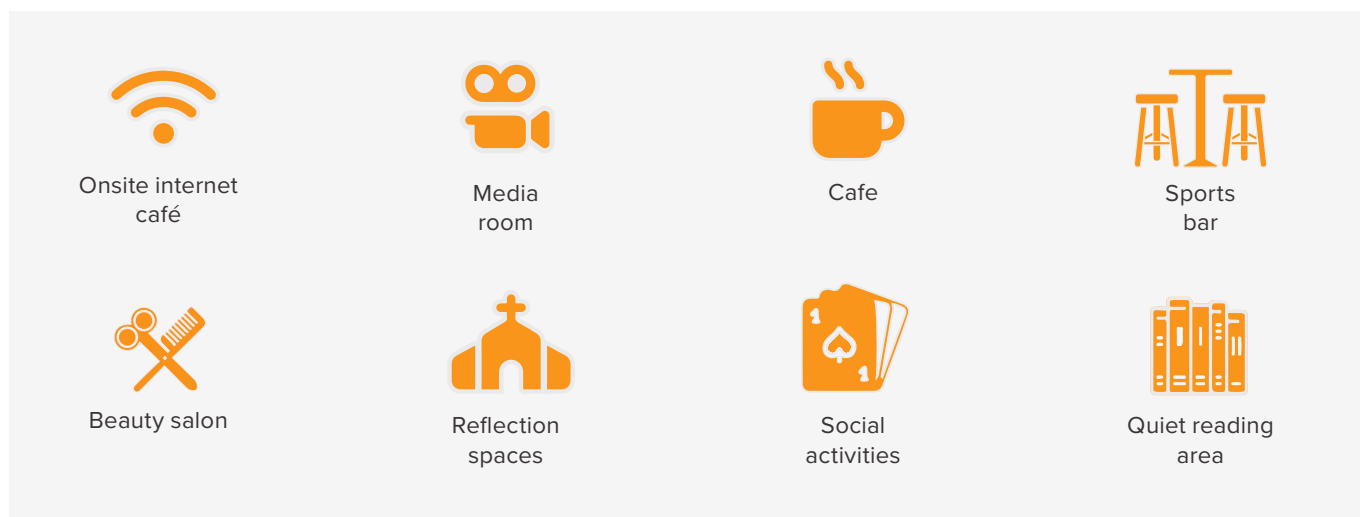
# Tailored support to live your best life

No two people have the same needs, likes and dislikes as they age. That's why our caring staff take the time to get to know you, your preferences and your family. We genuinely listen to you and your loved ones, consulting often and adapting our support as your needs and preferences change.

You'll always feel safe, heard and understood at Dalkeith Gardens.

Nobody knows what you like better than you, so we support you to personalise your room, and choose the activities and clubs that suit you best.

## Outstanding amenities



## People who care

We care about the people who care for you. Our rigorously selected team are expertly trained to provide around the clock care and support, with warm-hearted kindness and respect.

The continuity of care afforded by the apartment-like setting means our nurses, personal carers and staff members have the opportunity to get to know both residents and families, often forming close bonds that support your care and your personal goals.

With a Registered Nurse on duty at all times and access to specialised nursing we can respond to your immediate and long-term needs with expertise you can trust.

We are passionate about providing holistic, quality care – and that means taking care of all of you! So, our Lifestyle Coordinator will assist you to participate in clubs, hobbies and social activities that interest you – while our team of non-denominational Pastoral Care Practitioners are there to support your emotional and spiritual needs.

# A Day at Dalkeith Gardens

While every day at Dalkeith Gardens is different, some regular features include...



We are proud of the delicious, healthy meals we prepare for residents and their guests. Cooks work closely with nutritionists and dietitians to ensure all tastes and requirements are catered for.

We offer a wide choice of leisure and lifestyle activities, such as professional entertainers, happy hour, outings, social activities, exercise groups, in-house church services, art /craft classes and gardening.



Residents have the opportunity to join in exercise and walking groups to enjoy the beautiful surrounds at Dalkeith Gardens.



We have an outdoor barbeque area for family to gather and pets are welcome to visit our home. Clients also have easy access to an on-site hairdressing salon, podiatrist and physiotherapist.



In addition, through our Lifestyle Program, denominational visitors and volunteer companions foster an ongoing connection with our residents' chosen faith tradition and provide church and chaplaincy services.







“The atmosphere is warm and welcoming. It’s a great facility”

Family member



# Benetas: warm-hearted care since 1948

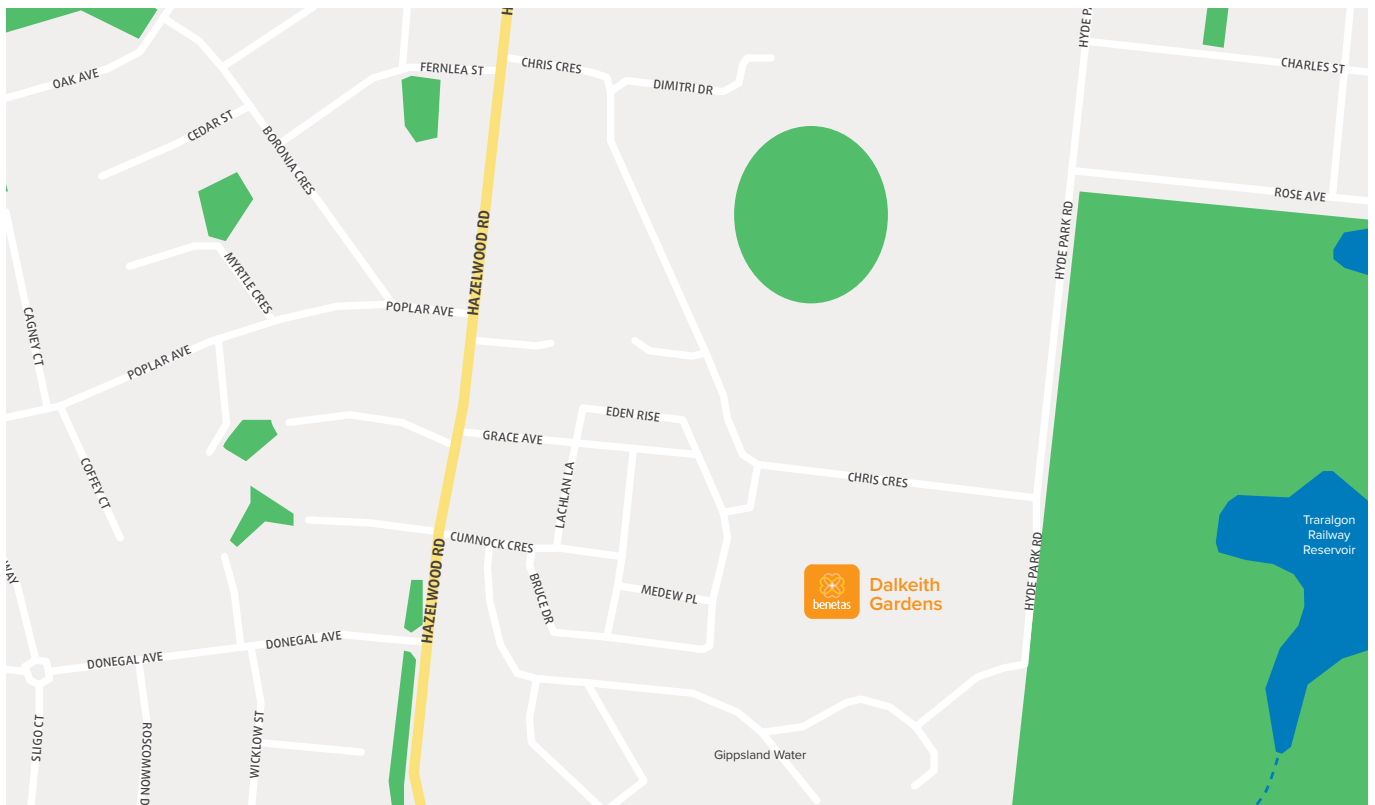
While you may not instantly recognise our name, we've been providing exceptional care and support to older Australians since 1948.

Today, we are one of the largest providers of residential aged care, in-home and community services, respite, allied health and retirement living in Victoria. Our services work together, allowing us to

provide uplifting, compassionate and holistic support at every stage of the ageing journey.

We're a proudly not-for-profit organisation that puts people first. Our mission is to provide older Australians and their families with outstanding service and inclusive, warm-hearted and non-denominational support.

## Connected with our community



### About us

Established in 1948, we are a leading not-for-profit provider of residential aged care, in-home and community services, respite, allied health and retirement living in Victoria. We provide older people and their loved ones with outstanding levels of customer service and individualised care when they need it.

Our vision is for everyone to have a positive and fulfilling experience of ageing, where all people have the opportunity to live their best life.



*Let us help you  
live your best life  
as you age*

To book a tour or find out  
more about **Dalkeith Gardens**  
please contact one of our  
caring consultants today on

**1300 23 63 82**

**benetas.com.au**

