

# Welcome to Gladswood Lodge



Home Care | Residential Aged Care | Respite | Health Care | Retirement Living



“The facility has very dedicated, friendly and hard working staff.”

Family member

# A place to call home

Located within a 20 minute drive from the Melbourne CBD, Gladswood Lodge is nestled amongst the leafy surrounds of a quiet residential neighbourhood.



Built in 1985, Gladswood Lodge is known within the local community for its high quality care and homely, warm and welcoming atmosphere. We are proud to offer our residents private, lockable rooms with a built-in wardrobe and television. Some rooms have their own en-suite bathroom and others have a shared bathroom with one other resident of the same gender.

Residents are encouraged to bring their favourite furniture when they move in to help make their room

feel like home, such as a familiar chest of drawers or armchair for reading. Full laundry services are also available.

We know that food is very important to our residents and their families. Our qualified cooks develop and prepare fresh food daily that is varied and appetising. We work closely with nutritionists and dieticians to ensure all meals prepared fulfil nutritional requirements.

# Tailored support to live your best life

No two people have the same needs, likes and dislikes as they age. That's why at our caring staff take the time to get to know you, your preferences and your family. We genuinely listen to you, and your loved ones, consulting often, and adapting our support as your needs and preferences change.

You'll always feel safe, heard and understood at Gladswood Lodge.

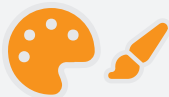
Nobody knows what you like better than you, so we support you to personalise your room, and choose the activities and clubs that suit you best.

Our highly skilled staff are focused on our residents and driven by our values of respect, responsibility, community and spirit. Our team is carefully selected for their qualifications, experience and commitment to supporting older people to live happy, healthy lives.

## Outstanding amenities



Respite or palliative care options



Vibrant lifestyle programs



Spacious rooms with ensuite bathrooms



Beauty and hair salon



Veggie patches. BBQ area and landscaped gardens



Media room and activity room



Laundry service



Library and internet hub

## People who care

We care about the people who care for you. Our rigorously selected team are expertly trained to provide round the clock care and support, with warm-hearted kindness and respect.

The continuity of care afforded by the home-like setting, means our nurses, personal carers and staff members have the opportunity to get to know both residents and families, often forming close bonds that support your care and your personal goals.

With a Registered Nurse on duty at all times and 24/7 access to specialised nursing and allied health services, we can respond to your immediate and long-term needs with expertise you can trust.

We are passionate about providing holistic, quality care – and that means taking care of all of you! Our Lifestyle Coordinator will assist you to participate in clubs, activities and social activities that interest you, while our non-denominational Pastoral Care team are there to support your emotional and spiritual needs.

# A Day at Gladswood Lodge

While every day at Gladswood Lodge is different, some regular features include...



Multiple lounge and dining areas where our residents can develop friendships and have a place to gather with family.

Landscaped gardens and outdoor barbeque area offer our residents a wonderful place for recreation and quiet reflection. There are also raised gardens for residents' gardening pleasure.



Our residents have the choice to participate in a variety of social and leisure activities that suit their interests and abilities. We host walking groups, balloon tennis, cultural celebrations and regular exercise sessions



We also have musicians, exercise classes and regular 'happy hour' social evenings, which visitors are more than welcome to enjoy as well. Throughout the year we recognise and celebrate cultural and special events.



Residents love our quiz activities, which provide social opportunities and promote cognitive health.



“Gladswood Lodge provides a home-like feeling, with a sense of family. A great sense of community, our residents relax, interact with each other with a sense of purpose”

Residential Services Manager



# Benetas: warm-hearted care since 1948

While you may not instantly recognise our name, we've been providing exceptional care and support to older Australians since 1948.

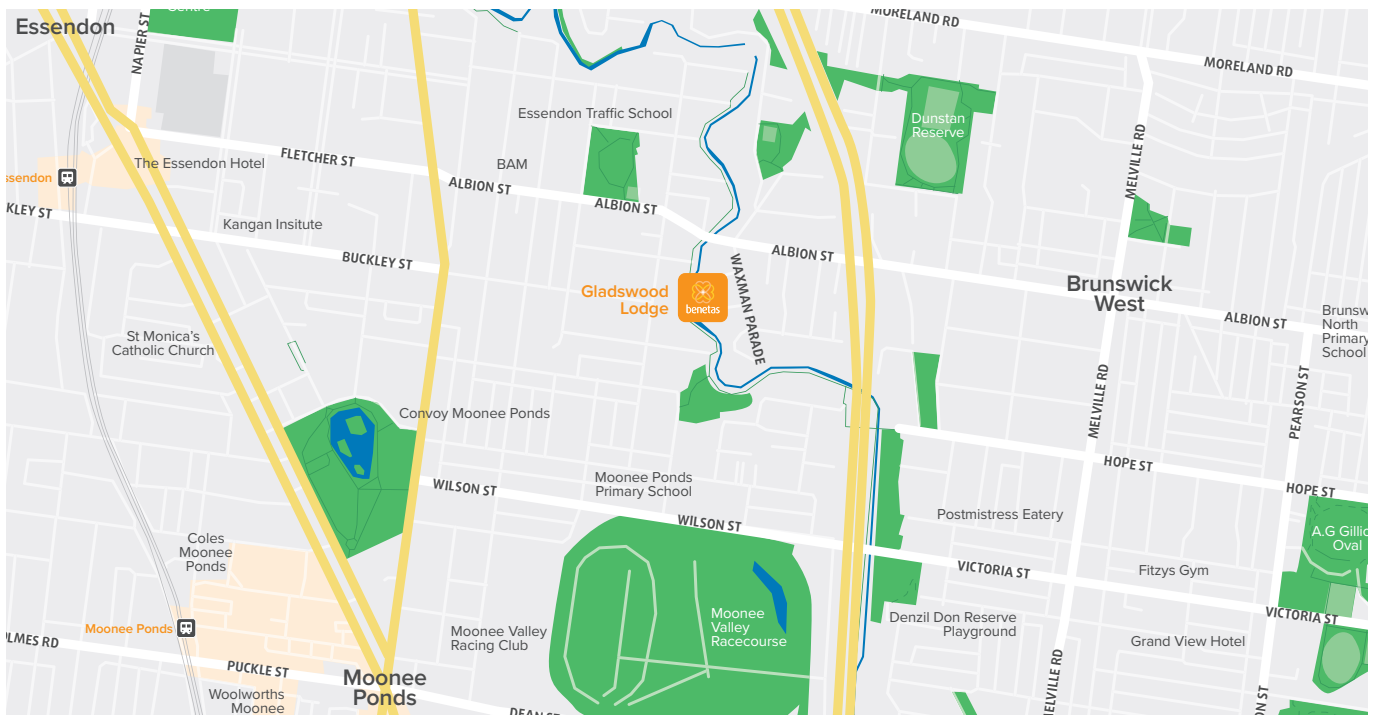
Today, we are one of the largest providers of residential aged care, in-home and community services, respite, allied health and retirement living in Victoria. Our services work together, allowing us to

provide uplifting, compassionate and holistic support at every stage of the ageing journey.

We're a proudly not-for-profit organisation that puts people first. Our mission is to provide older Australians and their families with outstanding service and inclusive, warm-hearted and non-denominational support.

## Connected with our community

Our small, close-knit community is located just a 20 minute drive from Melbourne CBD, nestled in the tranquil, leafy suburb of Brunswick West.



### About us

Established in 1948, we are a leading not-for-profit provider of residential aged care, in-home and community services, respite, allied health and retirement living in Victoria. We provide older people and their loved ones with outstanding levels of customer service and individualised care when they need it.

Our vision is for everyone to have a positive and fulfilling experience of ageing, where all people have the opportunity to live their best life.



*Let us help you  
live your best life  
as you age*

To book a tour or find out  
more about **Gladswood  
Lodge** please contact one  
of our caring consultants  
today on

**1300 23 63 82**

**benetas.com.au**